

Waxing

Full leg 60 mins	£21.00
Full leg & bikini 60 mins	£27.00
Half leg 30 mins	£16.00
Bikini Underarm wax 15 mins	£9.00
Forearm wax 30 mins	£12.00
Eye brow, lip or chin wax 15 mins.	£8.00

Eye treatments

Eyelash tint 30 mins	£9.00
Eye brow tint 15 mins	£9.00
Eyelash & brow tint 30 mins	£16.00
Eyelash Perming 60 mins	£30.00
All above treatments require patch test 24 hours before appointment .	
Eye brow shape (tweezers) 30 mins	£8.00

Manicure & Pedicure

Deluxe Jessica Manicure 55 mins	£25.00
Includes heated mitts treatment & nail polish to take home	
Deluxe Zen Pedicure 75 mins	£32.00
Includes heated mitts treatment & nail polish to take home.	

Men's Treatments

Male Facial 50 mins	£38.00
A luxury facial for all skin types. Softens hair growth for a smoother closer shave.	
Manicure 55 mins	£22.00
Luxury treatment with no polish	
Pedicure 55 mins	£26.00
Luxury treatment with no polish	
Waxing	
Back Wax 60 mins	£27.00
Chest Wax 30 mins	£15.00
Chest & Abdomen 60 mins	£27.00

To avoid disappointment we recommend that you pre-book any treatments that you require.

The salon is open to non residents as well as hotel guests.

We only accept cash or cheque as payment.

Please allow 24 hours notice of cancellation as to avoid a 50% charge. Products are available by mail order as well as direct from the salon. Gift vouchers are available.

Opening Hours

Mon, Tues & Thur 10am-8pm
Wed, Fri, Sat & Sun 10am-6pm

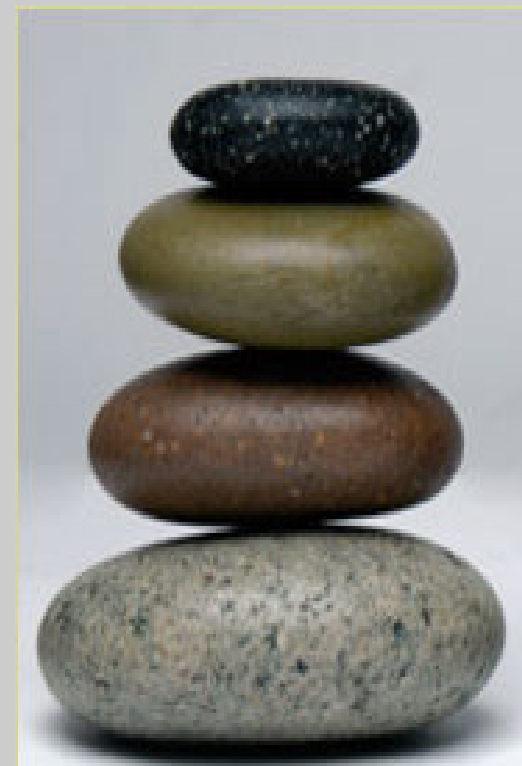
E mail

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Faye ap Geraint has studied a variety of beauty and alternative therapies during the past 13 years. She started with Beauty Therapy IHBC/VAI & NVQ Level 3 in Pembrokeshire and then worked for a few years in the beauty business in this area. Faye then went Cornwall to study alternative therapies, coming away with an Honours Diploma in Alternative Therapies. Whilst working, she has qualified in a number of therapies and product ranges as well as constantly updating her existing portfolio.

Ambience

health and beauty



Price List 2008

Trefeddian Hotel
Aberdyfi
01654 767213

Facials

Repêchage full facials include hand or foot & head massage.

Hydra 4 Facial 70 mins £38.00

The ultimate treatment to comfort, calm and relax sensitive skin. It decreases sensitivity, eliminates redness, whilst protecting.

Hydra Dew Facial 70 mins £38.00

This facial will provide immediate, 100%, in-depth hydration and protection. Boosts moisture content while combating pigmentation.

Renewal Facial 70 mins £38.00

A retexturing treatment for mature, dry and sun damaged skin that eliminates fine lines and evens out skin tone.

Hydra Refine Facial 70 mins £38.00

A purifying and deep pore cleansing treatment. Reduces oily shine and eliminates blocked pores.

4 Layer Facial 70 mins £45.00

For dry or oily combination skins. This anti-ageing or balancing facial is the treatment to guarantee visible results. Your skin will look younger with visibly renewed moisture and an after glow that lasts.

VC5 Facial 70 mins £45.00

Plastic Surgeon recommended. Based on our exclusive combination of natural marine and herbal ingredients to invigorate, lift and firm mature skin. Gives immediate results and long term benefits.

Mini Facial 30 mins £25.00

Suitable for all skin types

Massage and Alternative Therapies

Swedish Massage

85 mins body massage £45.00

55 mins body massage £35.00

25 mins body massage £22.00

A relaxing or invigorating massage to work on muscular tension and relaxation. A Course of 6 choice of times to suit your needs. £175/ £110

Aromatherapy

Full body Massage 80 mins £45.00

Back Massage 30 mins £25.00

Using essential oils blended specifically for you to promote health and well-being of mind and body. A gentle relaxing massage. Course of 6 £200/ £125

Stone Therapy

Full Body Massage 80 mins £50.00

Back Massage 40 mins £32.00

Using heated basalt lava stones, frozen marble stones, hot oil and traditional massage. The result is a feeling of warmth and healing. Bringing about a total balance. Course of 6 £250/ £160

Tui-na

Back & Neck Massage 55 mins £35.00

Chinese medical massage, strong deep massage over clothing. Using pressure on acupressure points to harmonise and recharge the body's internal energy. Course of 6 £175

Reflexology 55 mins

An ancient therapy that is applied to the feet. £35.00

Can be beneficial for pain relief, various ailments, relaxation and well-being. Course of 6 £175

Indian Head Massage 55 mins £35.00

Working on chakras to help improve concentration, relieves headaches, eyestrain and stimulates hair growth. Course of 6 £125

Reiki 55 mins £35.00

A hands on therapy using the life energy to promote the natural healing Course process of the body. Promotes harmony of 6 £175 to experience health and well-being.

Fake Bake Self Tan 60 mins £35.00

A natural tan application with a guide colour and antioxidants. A choice of two shades medium and dark.

Peppermint Sea Twist 70 mins £40.00

A combination of peppermint and seaweed to create a fabulous and aromatic full body shaping treatment. Improves cellulite, detoxifies, reduces water and contouring.

Seaweed Body Treatment 70 mins £40.00

Warm seaweed is smoothed over the body and wrapped in a thermal sheet then followed with a massage with seaweed cream. Detoxifying, de-stressing and nourishing.

Honey Body Polish 55 mins £35.00

Indulge your body pure honey, almonds and buttermilk. A body exfoliation then followed by massage with a seaweed body cream.

Back Cleansing Facial 55 mins £38.00

A facial for the back to exfoliate, stimulate and a deep pore cleansing treatment.

Breast Treatment 55 mins £38.00

A luxurious treatment to tighten, tone, and increase firmness of the breast area.

Trefeddian Holistic Revival 90mins £55.00

A pure luxurious top to toe treatment. Incorporating a facial, scalp and body massage with hot stones. To leave you purely relaxed.